

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Per 2 Tbsp (30 g) / Par 2 c a table (30g)	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 30	
<b>Fat / Lipides</b> 1 g	2 %
Saturated / satures 0 g	0 %
Trans / trans 0 g	
<b>Cholesterol</b> 0 mg	
<b>Sodium</b> 170 mg	7 %
<b>Carbohydrate / Glucides</b> 4 g	1 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 3 g	
<b>Protein / Proteines</b> 0.4 g	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	0 %
Iron / Fer	4 %

Percentage Daily Values are based on a 2,500 Calorie Diet